










# Our Safe Place – South Bay

## October 2020

Purple= Zoom Groups  
(email for details)  
Blue= Onsite Groups

South Bay Community Services—Trolley Trestle Youth Hub 746 Ada St., Chula Vista CA 619-628-2444 oursafeplace@csbcs.org

| Sun  | Mon  | Tue   | Wed  | Thu  | Fri  | Sat   |
|--|--|---|--|--|--|---|
|                              |  |   |  | 1. TikTok Talk<br>3PM<br>Scattergories<br>5PM  | 2. Youth Chat<br>(Open Discussion)<br>4PM<br>Movie Night<br>6PM  | 3. Game Night<br>4PM<br>                 |
| 4. Pictionary<br>4PM   | 5. Youth Check-in<br>3PM<br>Trivia<br>5PM<br> | 6. Homework Help<br>3PM<br>Glam Up<br>5PM   | 7. Youth Chat<br>(Navigating Virtual<br>Education)<br>4PM<br>Game Night<br>6PM   | 8. TikTok Talk<br>3PM<br>Scattergories<br>5PM  | 9. Youth Chat<br>(Open Discussion)<br>4PM<br>Movie Night<br>6PM  | 10. Game Night<br>4PM   |
| 11. Pictionary<br>4PM  | 12. Youth Check-in<br>3PM<br>Trivia<br>5PM   | 13. Homework Help<br>3PM<br>Glam Up<br>5PM<br> | 14. Youth Chat<br>(Processing 2020)<br>4PM<br>Game Night<br>6PM  | 15. TikTok Talk<br>3PM<br>Scattergories<br>5PM | 16. Youth Chat<br>(Open Discussion)<br>4PM<br>Movie Night<br>6PM | 17. Game Night<br>4PM   |
| 18. Pictionary<br>4PM<br> | 19. Youth Check-in<br>3PM<br>Trivia<br>5PM   | 20. Homework Help<br>3PM<br>Glam Up<br>5PM  | 21. Youth Chat<br>(Activists)<br>4PM<br>Game Night<br>6PM<br> | 22. TikTok Talk<br>3PM<br>Scattergories<br>5PM | 23. Youth Chat<br>(Open Discussion)<br>4PM<br>Movie Night<br>6PM | 24. Game Night<br>4PM   |
| 25. Pictionary<br>4PM  | 26. Youth Check-in<br>3PM<br>Trivia<br>5PM   | 27. Homework Help<br>3PM<br>Glam Up<br>5PM  | 28. Youth Chat<br>(Open Discussion)<br>4PM<br>Game Night<br>6PM  | 29. TikTok Talk<br>3PM<br>Scattergories<br>5PM | 30. Youth Chat<br>(Open Discussion)<br>4PM<br>Movie Night<br>6PM | 31. Halloween Game<br>Night<br>4PM<br> |

Monday-Sunday: 12pm - 8pm



# Our Safe Place Group Index

South Bay Community Services—Trolley Trestle Youth Hub

746 Ada St. Chula Vista CA

619-628-2444

| Youth Chat   | Youth Check-in  | Game Night   | Movie Night  | Glam Up  | Trivia   |
|--|---|--|--|--|--|
| Peer-led support group to discuss topics such as: gender identity, coming out, mental health, skill building and more! | Let's check-in over the phone about your mental health? How are you coping? We will chat about healthy coping skills and positive self-talk | Wednesdays are virtual game nights at OSP! Join in on your phone to play Jackbox Tv and other games online | We will all watch the same movie and have an online discussion about the story and impact of the movie/tv show | Tuesday nights are for expressing yourself through skin care, makeup, and hair. Teach and learn about self-care through glam | Test your knowledge with a game of LGBTQ+ Trivia on Kahoot                                 |
| Pictionary   | Scattergories   | Homework Help  | Open Art Studio  | Karaoke  | TikTok Talk  |
| Test your drawing skills with a draw and guessing game!  | Come play this creative-thinking, category-based game with friends  | School is back in session. Join us for assistance with your new classes                                    | Come create your own work of art that expresses your unique talents and imagination.                           | Karaoke is a fun way to break outside of your comfort zone and enjoy time with your peers                                    | On Thursdays we give youth a space to share and discuss their favorite TikToks of the week |
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