



Our Safe Place – South Bay

August 2020

Purple= Zoom Groups
(email for details)
Blue= Onsite Groups

South Bay Community Services—Trolley Trestle Youth Hub 746 Ada St., Chula Vista CA 619-628-2444 oursafeplace@csbcs.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1. Board Games 4PM 
2. Board Games 4PM	3. Trivia 4PM Poetry Night 6PM	4. Youth Chat (History of Pride) 4PM Book Club 5PM	5. Open Art Studio 4PM JackBox Game Night 4PM	6. Karaoke 5PM YouTube & Discussion 5PM	7. Youth Chat (Open Discussion) 4PM Movie Night 6PM	8. Binge Watching 4PM 
9. Binge Watching 4PM	10. Bracelet Making 4PM Movie Night 6PM	11. Youth Chat (Processing 2020) 4PM Book Club 5PM	12. Puzzling 4PM Youth Check-in	13. Open Art Studio 4PM YouTube & Discussion 5PM	14. Youth Chat (Open Discussion) 4PM Salt Painting 6PM	15. Puzzling 4PM
16. Puzzling 4PM 	17. Trivia 4PM Poetry Night 6PM	18. Youth Chat (Activists) 4PM Book Club 5PM	19. Open Art Studio 4PM Kahoot! Trivia Night 4PM	20. Karaoke 5PM YouTube & Discussion 5PM	21. Youth Chat (Open Discussion) 4PM Movie Night 6PM	22. Binge Watching 4PM
23. Binge Watching 4PM	24. Bracelet Making 4PM Movie Night 6PM 	25. Youth Chat (Open Discussion) 4PM Book Club 5PM	26. Puzzling 4PM Music Discussion 4PM	27. Open Art Studio 4PM YouTube & Discussion 5PM	28. Youth Chat (Open Discussion) 4PM Salt Painting 6PM	29. Video Games 4PM
30. Video Games 4PM 	31. Trivia 4PM Youth Check-in 5PM					

Monday-Sunday: 12pm - 8pm



Our Safe Place Group Index

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746 Ada St. Chula Vista CA

619-628-2444

Youth Chat	Youth Check-in	Book Club	Movie Night	Poetry Night	Trivia
Peer-led support group to discuss topics such as: gender identity, coming out, mental health, skill building and more!	Let's check-in over the phone about your mental health? How are you coping? We will chat about healthy coping skills and positive self-talk	Join Asuzena for OSP's first ever book club.	We will all watch the same movie and have an online discussion about the story and impact of the movie/tv show	Share your favorite poem or create a poem to share. Using techniques like blackout poetry and other prompts	Test your knowledge with a game of LGBTQ+ Trivia on Kahoot
Board Games	Open Art Studio	Karaoke	Puzzling	Bracelet Making	Salt Painting
Disconnect from technology, explore, teach, learn new card games and board games with your peers	Come create your own work of art that expresses your unique talents and imagination.	Karaoke is a fun way to break outside of your comfort zone and enjoy time with your peers	Work together to piece together beautiful puzzles	We have lots of supplies to begin your bracelet making career	Use a combination of salt and watercolor to create unique art pieces.
Binge Watching	YouTube & Discussion	Music & Discussion	Video Games		
What's your favorite tv show? Let's do some self-care and binge watch it this weekend!	Share your favorite YouTube Videos and chat about how they have influenced your life	Share your favorite music and music videos with the group and discuss how this music has influenced you	Choose from our large selection of video games to play with friends		