



South Bay Community Services transforms communities to support the well-being and prosperity of children, youth, and families.

Our programs are for everyone at anytime in their lives when they need it the most. Together with our generous supporters, we are able to respond to the overwhelming needs of our community - touching the lives of more than 50,000 annually.

For more information visit [SouthBayCommunityServices.org](http://SouthBayCommunityServices.org) or call (619) 420-3620

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# South Bay Community Services

Serving children, youth and families since 1971.

## COMMUNITY ENGAGEMENT

SBCS has been responding to the needs of our community since 1971. We work every day to strengthen our community through involvement, collaboration and a shared desire to lift up and empower children, youth, and families for a better healthier tomorrow.

### Fostering Community Leadership

Through the Promise Neighborhood initiative, we've established the Resident Leadership Academy (RLA) to encourage community members to actively engage in the issues that affect their lives like public safety, civic engagement, and overall community and wellbeing. Through RLA, neighbors invest in one another and work together to achieve the changes they want to see in their neighborhoods.

### Connecting Families to Resources

Promotoras are bilingual trained parents from the neighborhood who serve as an important linkage between programs and community. Promotoras are visible throughout the neighborhood and at school parent centers informing, sharing and engaging families and students about services that meet their specific needs such as access to food assistance, housing assistance, and even tax preparation.

# 25,000+ INDIVIDUALS

Thousands in our community struggle with food insecurity. With our partners, we are able to offer weekly hot meals and mobile pantries.



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# FAMILY

SBCS is dedicated to providing holistic services that help people prevent and overcome the difficult situations that can affect every aspect of their wellbeing. We are available to anyone who may need help at any time in their lives, and we are committed to finding solutions.

### Freedom from Violence

Safety should be a given, but for many it is not. We provide various support services including our 24 hour/7 days a week emergency response team who join law enforcement from Chula Vista, National City, Imperial Beach, and South San Diego on family violence calls to provide crisis intervention to victims and their children, and to assist children and adult victims in planning their immediate and long-term safety.

### Transforming Communities

We know the needs of our community are varied and ever-changing and we strive to provide the most needed help by the most effective means. We are currently providing homelessness prevention, rapid rehousing, career pathways, and food assistance. We address housing needs, a pervasive issue in San Diego, through affordable housing, emergency shelters, and transitional housing.

**24,367 FAMILIES**  
With more than 400 staff stationed throughout San Diego County and located in schools, police stations, family resource centers and our housing communities, we can reach families when and where they need us most.

# CHILDREN

Infant’s brains begin building the connections that will determine how they grow and learn from the moment they are born. SBCS is dedicated to providing services that children need to develop the healthy foundations which their lives will be built upon.

### A Proactive Approach

Through our early childhood development programs, families can access parenting skills coaching and get help to ensure that their children are attaining developmental milestones. We also offer in-home parenting education to help create stable and nurturing home environments. In partnership with local schools, we are accessible when families need us most.

### Healing from Trauma

Mi Escuelita Preschool is a free all-day therapeutic preschool for children ages three to five who have been impacted by domestic violence or abuse. Crucial to their care and growth, we also provide wrap around services to children, youth, and families throughout the community so that those who have experienced trauma can begin to heal and thrive.

# YOUTH

SBCS offers a full spectrum of services designed to envelop youth with the resources and skills they need to reach their full potential. From youth in need to youth who serve as peer mentors, SBCS offers the next generation opportunities to lead fuller lives.

### Empower & Equip

Beginning in 7th grade, Academic Advocates guide students and families in college discussions, test prep, and financial aid workshops to make higher education attainable. Throughout the county, staff supports youth in need as well as current and former foster youth with housing, independent living skills, food assistance, and career path supports and more.

### Strength-based Family Approach

Working closely with schools and law enforcement, our staff support youth experiencing challenges in areas such as school, relationships, and family as well as youth who have committed first-time offenses. From wrap around family services to individual therapy, intervention programs divert youth from entering the juvenile justice system and re-offending.

**MEET ISABEL.** Her family hit hard times when her mother got sick and her father lost his job. Between medical expenses and lost income, she, her parents and her three siblings found themselves homeless and sleeping in their car.

One day, her dad found a flier advertising one of SBCS’s hot meal programs. While there, her mom and dad chatted with one of SBCS’s specialists who realized that they were homeless and immediately found them emergency shelter.

At the shelter, SBCS staff connected with medical services. They also provided counseling, clothing, food, and got the kids back in school with tutors. With SBCS’s career skills training, her dad was able to find a job. Soon, Isabel’s family was ready to move into SBCS’s transitional housing and continue to build a stronger foundation for their future.

With proper medical care, Isabel’s mom’s health is improving. She and her siblings are doing better in school thanks to SBCS’s on-campus staff. The family was able to move from transitional housing into their own apartment, which SBCS furnished with the help of volunteers. The family is now thriving and the kids are working toward college attainment.